

EXCLUSION AND STOOL CLEARANCE CRITERIA:

A guide for cases and contacts of food and waterborne illness

High risk groups

- 1 Food Handlers
- 2 Staff of health care facilities or early childhood services
- 3 Children aged under five years attending childhood services or other groups
- 4 Older children or adults at higher risk due to illness or disability

Disease	Case Exclusion and Clearance Criteria	Contact Management	Notes
Campylobacter	1 2 3 4 Exclude until symptom free for 48 hours	NIL	
Cryptosporidium	1 2 3 4 Exclude until symptom free for 48 hours	NIL	Advise no swimming for 2 weeks after symptoms settle
Giardia	1 2 3 4 Exclude until symptom free for 48 hours	NIL	Screen any attendees of ECE which case attends who has had diarrhoeal illness in previous 2 weeks
Salmonella (not Typhoid or Paratyphoid)	1 2 3 4 Exclude until symptom free for 48 hours	NIL	
Shigella	1 2 3 4 Exclude until two negative samples taken at least 48 hours after finished course of antibiotics	1 2 3 4 Exclude until one negative sample	Shigella sonnei requires no clearance samples for cases or contacts. Exclude until symptom free for 48 hours
Typhoid & Paratyphoid Recommended that all cases require clearance but only high risk groups require exclusion until clear	1 2 3 4 Require clearance of 3 consecutive negative stool samples at least 48 hours apart after completing antibiotics (if treated), or 1 month after symptom onset (if not treated) and school children	1 2 3 4 High risk household contacts exclude until 2 negative stool samples at least 48 hours apart. All low risk household contacts should have 2 stool samples collected at least 48 hours apart, no exclusion is needed	Carriers: a risk assessment should be undertaken by the MOoH regarding work restrictions
Yersinia	1 2 3 4 Exclude until symptom free for 48 hours	NIL	
VTEC/STEC	1 2 3 4 Exclude until symptom free for 48 hours	1 2 3 4 Household contacts: if symptomatic, test (stool sample) and exclude until 48 hours symptom free. If not symptomatic, no further action	
Viruses (such as Norovirus)	1 2 3 4 Exclude until symptom free for 48 hours	NIL	

Based on the Ministry of Health "Communicable Disease Control Manual" (updated 2018) - Prepared by the Public Health Unit, Waikato District Health Board

If you are not sure or require further information please contact Public Health Unit on 07 838 2569 or 0800 800 977