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Hui-Tanguru February 2024

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Te Whatu Ora

[Health New Zealand](#)

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Academic Writing Workshop

Develop assignment writing skills including answering questions. Learn literature searching and referencing skills. Find out about available support.

Workshop Dates-(select preferred date)

5 March: 12.30pm - 2.30pm

21 March: 12.30pm - 2.30pm

Book on [Ko Awatea LEARN](#). For more information contact [Karen Nixey](#)

Doing Post Grad Study?



Patients experiences of adrenal crisis

[Read online](#) or [request the article](#)
"Addison's disease and adrenal crisis: A phenomenological study of the patient experience" recently published in Nursing Praxis.

The article is co-authored by Sarah Fostekew, a clinical nurse specialist (CNS) at Waikato Hospital, Patrea Andersen and Isaac Amankwaa.

Sarah describes her interest in the research as arising from her work as an endocrinology clinical nurse specialist, observing patients with Addison's disease as they journey from diagnosis to managing day to day life.

"I was concerned that nursing and medical staff often struggled to identify and support patients with Addison's disease particularly when presenting acutely during an adrenal crisis which had a significant effect on the on the patient and whānau experience." *Positionality statement of first author.*

Three themes arose from the study, these explained participants' experiences—responding, adjusting and learning. Read the article for the full findings and the recommendations arising from the study.

Sarah's top tips for researching and publishing:

- For research: find a topic that interests you
- For publishing: Be prepared for it to take time from starting to write to publishing
- Don't fear rejection the feedback helps get you to where you need to be



"Because no one really knows about Addison's. I still get people [health professionals] saying like "What's that?" ... and I have to go through and try [to explain]..." *study participant*

Strategy: not your job?



“...what can happen when people are focused on the details of a specific task rather than connected to a bigger purpose or outcome.”

[Read Alicia McKay's blogpost](#)
Strategy is everyone's job. Alicia provides 3 quick tips on how to make strategy everyone's job.

Drop in JP services

In the Library every Tuesday
from 12.00pm – 1.15pm

Welcome to the Māori Health Review

[Sign up](#) to get the review sent directly to your inbox

The Māori Health Review collates top Māori and Indigenous health research from Aotearoa and internationally.

[Sign up](#) to receive the review every two months.

[Request a copy](#) of the latest issue. This issue includes two studies featuring mental health services (read about one—Racism, early psychosis, and institutional contact—on this page.



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Journal alerts directly to your inbox

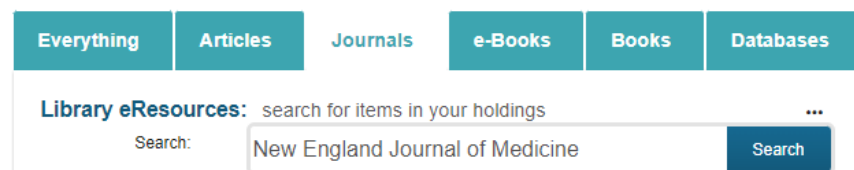
Three easy steps to get journal alerts directly to your inbox.

Follow these steps to receive emails when the latest issues of your favourite journals are published. Journal alert emails include a table of contents—with links to articles!.

1 Sign up and log into [Discovery](#) on the [Library hub](#) (top right of screen).

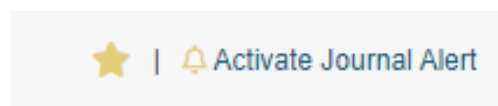


Careful Leadership : how your leadership can create safe, compassionate and effective healthcare



2
Select
the
green

tab “Journals” and search for the desired journal title



Racism, early psychosis, and institutional contact

This study, examining the experiences of nine Māori youth with early psychosis, ten family members and four Māori mental health professionals, unravels the nature of racism and explores health impacts.

Racism is well recognised as an important social determinant of mental health.

Three major themes are described;

- selective responses based on racial stereotypes,
- race-related risk assessment bias and
- institutional racism in the mental health workforce.

[Request this article](#) published in the International Journal of social Psychiatry to read more.

“I did this anger management course and the first thing the anger management dude said – you look like you are 10-foot tall and bullet proof and I’m like stuff you.

Like, I just can’t handle it, stuff you. (IY02)”

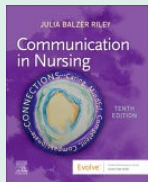
Racism, early psychosis, and institutional contact

New Books

Careful Leadership : how your leadership can create safe, compassionate and effective healthcare



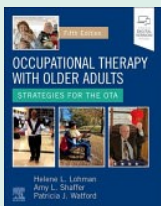
Communication in nursing



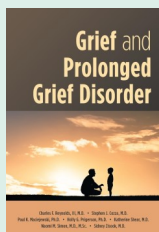
Patient assessment and care planning in nursing



Occupational therapy with older adults : strategies for the OTA.



Grief and prolonged grief disorder



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Sustain your empathy in difficult times

THE CHALLENGE

Employees of all types are burned out and desperately need empathy from their managers. But empathic leadership can be emotionally and physically draining that it feels unsustainable.

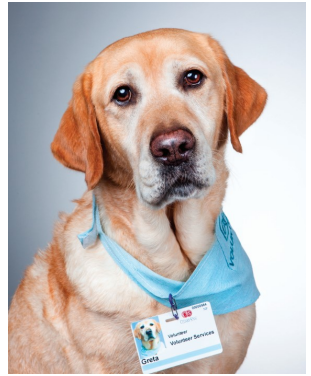
THE DILEMMA

Many managers believe they have to make a choice: be empathic and sacrifice their well-being for the good of others, or back away to preserve their own emotional health.

THE SOLUTION

Three strategies—discussed in detail in this article—can help managers lead empathically over the long term without burning out.

[Request the article](#)—“How to sustain your empathy in difficult times”, Harvard Business Review, Jan/Feb issue.

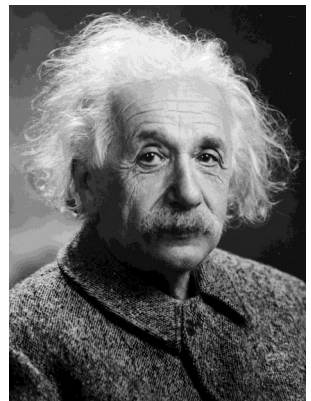


To solve a tough problem, reframe it

“... leaders and their teams devote too little effort to examining and defining problems before trying to solve them...”

Albert Einstein once said, “If I had one hour to solve a problem, I would spend 55 minutes thinking about the problem and 5 minutes about the solution.”

[Request this article](#) that introduces the E5 approach to problem framing—expand, examine, empathise, elevate and envision—and offers tools that enable leaders to fully explore the problem.



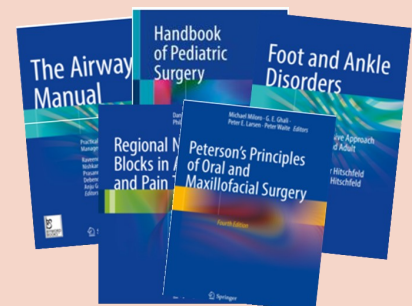
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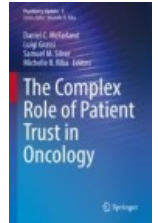
Over 2,400 ebooks, all published within the last three years!



New and popular ebooks

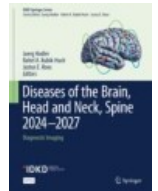
The Complex Role of Patient Trust in Oncology 2024

Offers practical suggestions and techniques to improve trust between patient and physician
Incorporates bioethical principles while staying connected to first-hand clinical practice and evidence. Focuses on medical oncology, where the stakes are high for patients who place trust in inappropriate sources



Diseases of the Brain, Head and Neck, Spine 2024-2027 : Diagnostic Imaging

Provides an up-to-date overview of diagnostic imaging of the brain, head and neck, and spine



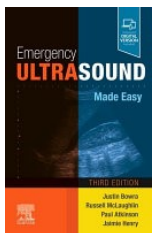
Conn's Current Therapy 2024

“...a helpful resource for a wide range of healthcare providers, including primary care physicians, subspecialists, and allied health professionals, providing current treatment information in a concise yet in-depth format...”



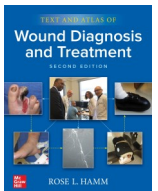
Emergency Ultrasound Made Easy

“... an 'on-the-spot' guide to clinician-performed ultrasound in the emergency department, intensive care unit or in the field. Written by an international team of experts and comprehensively updated in its third edition, Emergency Ultrasound Made Easy brings together in one volume the latest indications for focused ultrasound...”



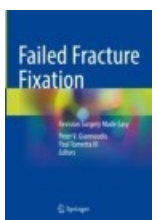
Text and Atlas of Wound Diagnosis and Treatment 3rd edition

“... outstanding visual guidance and clear, step-by-step instruction on caring for patients with wounds. Utilizing more than 700 full-color illustrations and easy-to-follow, concise text, this unique learning text also includes complete discussion of evidence-based concepts of wound treatment, making it perfect for board preparation...”



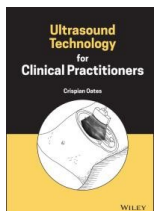
Failed Fracture Fixation : Revision Surgery Made Easy 2024

Provides an overview of both minimal invasive and open reduction approaches. Assists the surgeon to develop a clear approach for problem solving. Features detailed guidance on how to perform revision surgery successfully



Ultrasound Technology for Clinical Practitioners

“...uses a first-person perspective that walks readers through a relevant and memorable story containing necessary information, simplifying retention and learning. It makes extensive use of bulleted lists, diagrams, and images, and relies on mathematics and equations only where necessary to illustrate the relationship between other factors...”



Te Whatu Ora

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New books

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Title	Author	Classification
Addressing health inequities in people with serious mental illness : a call to action	Cabassa, Leopoldo J	WM31 .C113 2023
An Introduction to Systematic Reviews		On order
Assessing and managing the acutely ill patient for nursing associates	Flaherty, Cariona, Taylor, Marion	WY100 .A846 2023
Autistic masking : understanding identity management and the role of stigma	Pearson, Amy, Rose, Kieran	WS350.8 .P4 P361 2023
Bates' nursing guide to physical examination and history taking	Hogan-Quigley, Beth., Palm, Mary Louise.	WY100.4 .H714 2022
Careful Leadership : how your leadership can create safe, compassionate and effective healthcare	Hamblin-Brown, D. J	WA100 .H199 2022
Communication in nursing	Balzer-Riley, Julia W.,	WY88 .B198 2024
Complex and traumatic loss : fostering healing and resilience	Walsh, Froma	BF575 .G7 W224 2023
Cutaneous toxicities from anticancer therapies	LeBoeuf, Nicole R, Alloo, Allireza	QV39 .C988 2024
Dementia and ethics reconsidered	Hughes, Julian C.	WM220 .H893 2023
Differential diagnosis of autism spectrum disorder	Stavropoulos, Katherine K. M, McPartland, James C	WM203.5 .D569 2022
Dignity in care : the human side of medicine	Chochinov, Harvey Max.	W84.7 .C545 2022
Diversity and cultural awareness in nursing practice	Brathwaite, Beverley	WY107 .D618 2023
Evidence-based physical therapy for the pelvic floor : bridging science and clinical practice	Bø, Kari., Berghmans, Bary, Mørkved, Siv, Kampen, Marijke Van	WE750 .E93 2024
Fish's Clinical Psychopathology: Signs and Symptoms in Psychiatry		On order
Forensic psychology : an inside perspective on criminal thinking and behavior	Cairns, Kenneth B	W740 .C136 2024
Forensic psychology, crime and policing : key concepts and practical debates	Corteen, Karen, Steele, Rachael, Cross, Noel, McManus, Michelle	W740 .F716 2023
Functional neuroanatomy and clinical neuroscience : foundations for understanding disorders of cognition and behavior	Uysal, Suzan,	WL101 .U97 2023
Grief and prolonged grief disorder	Reynolds, Charles F.,	BF575 .G7 G848 2023
Grossman & Baim's handbook of cardiac catheterization, angiography, and intervention	Moscucci, Mauro., Feldman, Marc D.,	WG141.5 .C2 M895 2024
Group psychotherapy with children : core principles for effective practice	Sheppard, Tony L, Thieneman, Zachary J	WM430 .S649 2024

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He huarahi oranga : "toward Maori health gain organisational framework" : Waikato DHB Maori health strategic plan 2006-2009		WA300 .H874 2007
House of God		On order
Infection Control and Management of Hazardous Materials for the Dental Team		On order
Infection prevention and control in healthcare settings	Purssell, Edward, Gould, Dinah.	WX167 .P986 2023
Insights into clinical neurology	Laureno, Robert,	WL140 .L379 2023
Leddy & Pepper's professional nursing	Hood, Lucy J.,	WY86 .H776 2022
Litt's Drug Eruption and Reaction Manual		On order
Live life in crescendo : your most important work is always ahead of you	Covey, Stephen R.	BF637 .S4 C873 2022
Look what you made me do : fathers who kill	Norris, Megan	WA308 .N854 2023
Mad on meth	Collins, Benedict	WM275 .C712 2023
Making sense of echocardiography : a hands-on guide	Houghton, Andrew R.,	WG141.5 .E2 H836 2024
Manual of definitive surgical trauma care : incorporating definitive anaesthetic trauma care	Boffard, Kenneth D.	WO500 .M294 2019
Mastering precepting	Ulrich, Beth Tamplet.	WY18.5 .M423 2024
Maternal & child health nursing : care of the childbearing & childrearing family	Silbert-Flagg, JoAnne., Kennedy, Colleen E	WY157.3 .P641 2023
Mechanical ventilation for respiratory failure : demystifying the box in the corner of the room	Schwartzstein, Richard M, Richards, Jeremy B, Kassiss, Elias Bae-dorf	WF145 .M486 2024
Navigating the challenges of concussion	Jaffee, Michael, Broshek, Donna K, Svingos, Adrian M	WL354 .J23 2023
Neonatal nursing care handbook : an evidence-based approach to conditions and procedures	Kenner, Carole., Boykova, Marina V.,	WY157.3 .N438 2022
Nursing ethics : across the curriculum and into practice	Butts, Janie B., Rich, Karen L.,	WY85 .B989 2023
Nutritional psychiatry : a primer for clinicians	Dinan, Timothy G	WM400 .N976 2023
Occupational and activity analysis	Thomas, Heather,	WB555 .T457 2023
Occupational therapy with older adults : strategies for the OTA.	Lohman, Helene., Shaffer, Amy L, Watford, Patricia J	WB555 .O15 2024
Oxford handbook of perioperative practice.	Hughes, Suzanne J.	WY162 .O98 2023

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Title	Author	Classification
Oxford specialist handbook of forensic psychiatry / Nigel Eastman, Gwen Adshead, Simone Fox, Richard Latham, Seán Whyte, Hannah Kate Williams.	Eastman, Nigel., Adshead, Gwen., Fox, Simone., Latham, Richard, Whyte, Sean., Williams, Hannah Kate	W740 .O98 2023
Pandemic ethics : from COVID-19 to Disease X	Wilkinson, Dominic., Savulescu, Julian,	WC506 .P190 2023
Patient assessment and care planning in nursing	Standing, Mooi., Ellis, Peter,	WY100.4 .E47 2023
Pediatric nursing : a case-based approach	Tagher, Catherine Gannon, Knapp, Lisa Marie	WY159 .T124 2024
Person-centred care in radiography : skills for providing effective patient care	Strudwick, Ruth M	WN200 .S927 2024
Principles and practice of health promotion and public health	Robinson, Sally	WA590 .P957 2023
Priorities in critical care nursing	Urden, Linda Diann., Stacy, Kathleen M., Lough, Mary E., Sanchez, Kimberly	WY154 .U74 2024
Promoting Occupational Participation: Collaborative Relationship-Focused Occupational Therapy		On order
Psychiatric drugs explained	Healy, David,	WM402 .H434 2023
Psychiatric ethics.	Bloch, Sidney., Green, Stephen A.,	WM21 .P974 2021
Research Methods in Health: Investigating Health and Health Services		On order
Restorative Practice at Work: Six Habits for Improving Relationships in Healthcare Settings		On order
Rethinking pain in person-centred health care : around recovery	Buetow, Stephen	WL704 .B928 2021
Routledge handbook of mental health law	Kelly, Brendan, Donnelly, Mary	WM33 .R869 2024
Self-Gamification Happiness Formula : How to Turn Your Life Into Fun Games	Ichizli-Bartels, Victoria,	HF5549.5 .M63 I16 2019
Stroke care : a practical manual.	Huwez, Farhad., Guyler, Paul, Alam, Sajid, Gaynor, Catherine, Harwood, Rowan.	WL356 .H343 2023
Te whare tapa wha : Māori health model	Durie, Mason.	WA300 .D962
Te wheke : Māori health model	Pere, Rangimarie Rose.	WA300 .P434
Textbook of paediatric emergency medicine.	Cameron, Peter., Browne, G. J, Mitra, Biswadev., Dalziel, S. R, Craig, Simon	WS205 .T355 2024
The AI revolution in medicine : GPT-4 and beyond	Lee, Peter, Goldberg, Carey, Kohane, Isaac S, Bubeck, Sébastien	W26.55 .A7 L479 2023

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Title	Author	Classification
The dialectical behavior therapy skills workbook for PTSD : practical exercises for overcoming trauma & post-traumatic stress disorder	Reutter, Kirby	WM172.5 .R447 2019
The EKG workbook : becoming proficient in reading EKGs by reading EKGs	Gindea, Aaron J	WG140 .G492 2024
The habit revolution : simple steps to rewire your brain for powerful habit change	Cleo, Gina	BF355 .C628 2024
The Handbook of Minimally-Invasive Colorectal Surgery		On order
The Oxford handbook of traumatic stress disorders	Beck, J. Gayle, Sloan, Denise M.	WM172.5 .O98 2022
The social determinants of health and health disparities	Braveman, Paula	WA30 .B826 2023
The suicidal crisis : clinical guide to the assessment of imminent suicide risk	Galynker, Igor I.,	WM165 .G183 2023
The therapist's guide to psychopharmacology : working with patients, families, and physicians to optimize care	Patterson, JoEllen, Griffith, James L, Edwards, Todd M	WM402 .P317 2021
The Washington Manual of Surgery		On order
Toward an integrated science of wellbeing	Rieger, Elizabeth, Costanza, Robert, Kubiszewski, Ida, Dugdale, Paul	BF575 .H27 T737 2023
Transforming healthcare with qualitative research	Rapport, Frances, Braithwaite, Jeffrey,	WY20.5 .T772 2021
Trauma in Children and Young People		On order
Treatment of Traumatic Scars from Burns and Trauma		On order
Understanding Health Determinants : explanatory theories for social epidemiology	McDowell, Ian,	WA30 .M138 2023
Williams manual of hematology	Lichtman, Marshall A.,	WH100 .W721 2022
Wound care made incredibly easy!	Slachta, Patricia A.,	WO700 .W938 2024
Wound Care Manual		On order

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