



News@theLibrary

December 2023

Library Hours

Mon-Fri 8am-5pm

Sat noon-4pm

Library is closed on Sundays

[Apply](#) for afterhours access

Xmas/New Year Hours

23 Dec -Closed

25/26 Dec -Closed

27/28/29 Dec -8:00am to 5pm

30 Dec -Closed

1/2 Jan -Closed

Normal hours resume 3
January 2024



Photograph details: [page 6](#)

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[Library Hub](#)

Inside this issue

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- 5 career acts by the end of 2023
- [Tickle your funny bone](#), articles to request
- [Holiday reading](#), stock up
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Te Whatu Ora

[Health New Zealand](#)

Waikato

Meri Kirihimete!

"Christmas in Waikato Hospital" - this photo was taken 90 years ago! How things have changed!

The Library Team wish everyone Merry Christmas and a Happy New Year. For those who are working over the holiday break we thank you for your dedication and hope you have a quiet and stress-free time.

Please note our opening hours over the Christmas and New Year break. Pop over to the Library for a peaceful break, find a comfy chair, read the Waikato Times, select from the fiction, or, tackle the jig saw puzzle.

It's not too late to apply for "after hours" access to the Library.

24 hour fob access is available for Te Whatu Ora Waikato employees and medical students. Please visit the Library and ask a librarian about after hours access.



"Christmas in the Waikato Hospital. Children in the hospital are given toys through the generosity of Mr H Caro,..."

Photograph by J.F. Loudon, Auckland Libraries Heritage Collections AWNS-19331227-46-04

5 career acts to take before the year ends

A little self-reflection and professional housekeeping before December runs out could help make a big impact in 2024 and beyond.

- Reflect on your achievements.
- Learn from your losses.
- Update your résumé and LinkedIn profile.
- Finish what you started.
- Invest in yourself.



Reflect on your achievements.

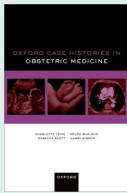
No success is too small to celebrate

[Request "5 Career Acts to Take Before the Year Ends".](#)

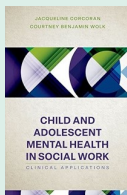
Korn Ferry, This Week in Leadership Dec 4-Dec 10, 2023.

New Books

Oxford case histories in obstetric medicine



Child and adolescent mental health in social work : a casebook



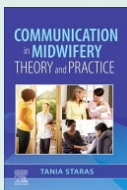
Children and sexual-based online harms : a guide for professionals



Help for the helper : preventing compassion fatigue and vicarious trauma in an ever-changing world



Communication in midwifery : theory and practice



Te Whatu Ora
Health New Zealand

Waikato

Tickle your funny bone!

Five festive and fun articles.

[Request all five articles.](#)

[Who is afraid of Christmas? The effect of Christmas and Easter holidays on psychiatric hospitalisations and emergencies](#)

[Meals and movies: making our microbiota merry](#)

[A guide to the management of atrial fibrillation in Santa Claus](#)

[Does Father Christmas Have a Distinctive Facial Phenotype?](#)

[How many calories did Santa Claus consume on Christmas Eve?](#)

Guess! Before you read the article! How many in just in a visit to the USA on Christmas Eve 2018?

A 9.9 billion **B** 7.9 million **C** 6.8 trillion [Answer on page 6](#)



Microbiota INDEX of Comparative Evaluation for Pictorial Infographic Evidence (MINCE PIE) scores for food in twelve festive films. [Read more.](#)

Holiday reading, visit the Library

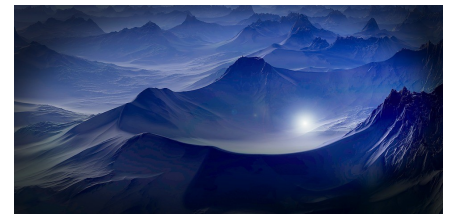
Beth O'Leary's "The Wake Up Call", Anne Cleaves' "The Long Call" and Lee Child's "The Secret" are three of the many new books donated to the Library recently. Find these and other new titles on display in the Library.

It's a great time of year to visit the Library and grab some relaxing reading.

What's your favourite reading spot?

In bed? On the couch? In a hammock under a grape vine? All places recommended by the librarians. But, definitely not the toilet!

Stock up! The limit is 25 books!



Sometimes I forget myself in a book.

And when I have to stop reading it takes me a minute to remember where I am. Or who I am.

Unknown author.

2023—3 most popular fiction books

The three most popular fiction books in our Library this year.

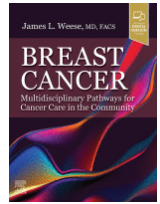
- "The Undiscovered Deaths of Grace McGill" by Craig Robertson
- "She Lies in Wait" by Gytha Lodge
- "Apples Never Fall" by Liane Moriarty



New and popular ebooks

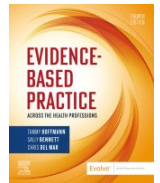
Breast Cancer

"... looks at the management of breast cancer through the lens of multidisciplinary pathways focused on evidence-based, real-world care of breast cancer patients in the community..."



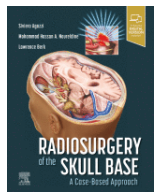
Evidence-Based Practice Across the Health Professions *Also available in print*

"... learn how to decide what clinical questions to ask, search for research evidence to answer them, and analyse the evidence to decide if the results are believable, important, and applicable. You will learn how to talk with patients about evidence and make collaborative decisions and how to approach evidence implementation at an individual and organisational level..."



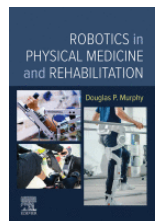
Radiosurgery of the Skull Base: A Case-Based Approach

"... explores non-invasive treatment of skull base pathologies using radiosurgery--all with a practical, case-based approach. This succinct, easy-to-navigate clinical reference covers stereotactic radiosurgery of skull base lesions, allowing you to quickly look up a specific pathology and tailor your radiosurgical strategy accordingly for the best treatment plan"



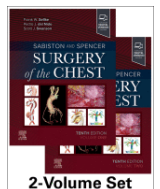
Robotics in Physical Medicine and Rehabilitation

"Robotics and VR systems are uniquely suited to provide functional assistance with mobility and activities of daily living, especially for patients with motor and sensory disorders of the central nervous system, stroke, traumatic brain injury, multiple sclerosis, spinal cord injury, and cerebral palsy..... a comprehensive, easy-to-follow resource on robotic and VR systems in all areas of medical rehabilitation"



Sabiston and Spencer Surgery of the Chest *Popular! Two volumes*

"... gold standard reference, edited by Drs. Frank Sellke, Pedro del Nido, and Scott Swanson, covers today's most important knowledge and techniques in cardiac and thoracic surgery--the information you need for specialty board review and for day-to-day surgical practice..."



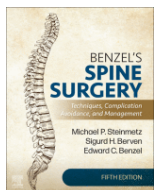
Social Determinants of Health in Surgery

"... a comprehensive, state-of-the art, definitive reference for the surgical community on this important topic, serving as an invaluable resource for surgeons, physicians, fellows, and residents ..."



Benzel's Spine Surgery Techniques, Complication Avoidance and Management

"... This book is a must-have and a gold standard in textbooks on spine surgery. Compared to previous editions, there are multiple updates with new guidelines and research, especially in regard to the minimally invasive, novel, and robotic approaches..."



Te Whatu Ora

Health New Zealand

Waikato

New books

[request a new book](#)

Title	Author	Classification
Autism spectrum disorders from theory to practice : assessment and intervention tools across the lifespan	Daugherty, Belinda, Johnson, Ashley Wiley	WS350.8 .P4 D238 2023
Back rehabilitation : core stability re-examined	Norris, Christopher	WE755 .N854 2023
Bates' Nursing Guide to Physical Examination and History Taking		on order
Best Practices in Teaching Nursing		on order
Child and adolescent mental health in social work : a casebook	Corcoran, Jacqueline., Wolk, Courtney Benjamin	WM30.5 .C536 2023
Children and sexual-based online harms : a guide for professionals	Knibbs, Catherine	HV6773.15 .O58 K69 2024
Communication in midwifery : theory and practice	Staras, Tania	WQ160 .S795 2023
Deliberate practice in psychodynamic psychotherapy	Levenson, Hanna, Gay, Volney P, Binder, Jeffrey L	WM420 .D353 2023
Doing Counseling: Developing Your Clinical Skills and Style		on order
ECG core curriculum	Zimmerman, Franklin H	WG140 .Z72 2023
Echocardiography : a practical guide for reporting and interpretation	Chambers, John, Hothi, Sandeep S, Demetrescu, Camelia, Rimington, Helen	WG141.5 .E2 C444 2024
Fetal medicine : an illustrated textbook	Alfirevic, Zarko, Suresh, Seshadri, Hyett, Jonathan	WQ211 .F419 2023
Forensic Psychology : An Inside Perspective on Criminal Thinking and Behavior		on order
Forensic Psychology, Crime and Policing : Key Concepts and Practical Debates		on order
Genital dermatology manual	Edwards, Libby., Lynch, Peter J.,	WR17 .E26 2023
Half in love with death : managing the chronically suicidal patient	Paris, Joel,	WM165 .P232 2024
Handbook of emergency neurology	Campbell, Thomas P, Kelly, Kevin M	WL140 .H236 2023
Handbook of glomerulonephritis	Nachman, Patrick, Lerma, Edgar V., Rheault, Michelle	WJ353 .N122 2023
Help for the helper : preventing compassion fatigue and vicarious trauma in an ever-changing world	Rothschild, Babette.	WM170 .R487 2023
Human anatomy & physiology.	Marieb, Elaine Nicpon., Hoehn, Katja.	QS4 .M334 2023
Insights into Clinical Neurology		on order

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New books

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Title	Author	Classification
Interpersonal relationships : professional communication skills for nurses	Boggs, Kathleen Underman,, Arnold, Elizabeth,	WY88 .A753 2023
Leading and managing in nursing	Yoder-Wise, Patricia S.,, Sportsman, Susan	WY105 .L4345 2023
Mad or Bad?: A Critical Approach to Counselling and Forensic Psychology		on order
Manual of Definitive Surgical Trauma Care		on order
Master of Change: How to Excel When Everything is Changing Including You		on order
Maternal and Child Health Nursing: Care of the Childrearing Family		on order
Neonatal Nursing Care Handbook		on order
Occupational and Activity Analysis		on order
Oncology: An Introduction for Nurses and Healthcare Professionals		on order
Oxford case histories in obstetric medicine	Frise, Charlotte, Bhalsod, Krupa, Scott, Rebecca, Gibson, Harry	WQ18.2 .F917 2023
Oxford Handbook of Perioperative Practice		on order
Pediatric Nursing: A Case-based Approach		on order
Perinatal Mental Health: A Guide for Health Professionals and Users		on order
Person-centred Care in Radiography: Skills for Providing Effective Patient Care		on order
Priorities in critical care nursing		on order
Qualitative research approaches for psychotherapy : reflexivity, methodology, and criticality	Tudor, Keith,, Wyatt, Jonathan	WM420 .Q1 2023
Research Design in the Social Sciences: Declaration, Diagnoses and Redesign		on order
Solution-Focused Therapy		on order
Steering against superbugs : the global governance of antimicrobial resistance	Rubin, Olivier, Munkholm, Louise	QW45 .S814 2023
Teaching in Nursing: A guide for faculty		on order
The AI Revolution in Medicine: GPT-4 and Beyond		on order

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New books

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Title	Author	Classification
The Oxford Handbook of Perinatal Psychology		on order
The role of the clinical nurse specialist in cancer care	Kerr, Helen	WY156 .R745 2024
The Therapist's Guide to Psychopharmacology: Working with Patients, Families, and Physicians to Optimize Care		on order
The vulva : a practical handbook for clinicians	Fischer, Gayle,, Bradford, Jennifer,	WP200 .F529 2023
Understanding Health Determinants: Explanatory Theories for Social Epidemiology		on order
Williams Manual of Hematology		on order
Wound Care Made Incredibly Easy!		on order

Answer: A! Approximately 9.9 billion Calories (41.4billionkJ)

Photograph on front page, "The Sunshine Playground for children at the Waikato Hospital c. 1920, Hamilton City Libraries, HCL_01696

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