

Matamata Piako Community Health Forum

27 November 2018

Attendees – Bernadette Doube, Grant O’Brien, Gytha Lancaster, Lou Beer, Ngaire Te Ahu, Linda Hodge, Selina Berry, Paul Cronin, Flo Mace, Adrienne Wilcox, Mary Troughton, Mike Samson, Giselle Faber, Dr Michael Brown, Rebecca Hill, Mandy McCabe, Laura Hopkins, , Shirley Gillard, Denise Irvine, Clare Simcock, Norma Taute

Apologies – Martin Gallagher, Dave Macpherson, Mayor Jan Barnes, Nina Scott, Debbie Shaw, Monique Gardner

Action Points

1.	Feedback to Service Development Team re: <ul style="list-style-type: none"> Reduced access to post-natal appointments 	Wayne Skipage/ Kathryn Fromont
2.	Feedback to Service Development Team re <ul style="list-style-type: none"> Could antenatal visits be offered in workplace environments? Particularly where there are a large number of female employees 	Wayne Skipage/ Kathryn Fromont/Rachel Poaneki
3.	Feedback to Waikato Hospital ED regarding communication issues between staff and patients/whanau.	Bernadette Doube/Colleen Vandy

1. Forum Feedback – What matters to this community?

- Follow up from last meeting - Pepi Pods are now available to this area for 0 to 3 month old babies. Pepi pods allow a safe sleep environment. Selina Berry is the local point of contact wt.shg.berry@farmside.co.nz
- Grey Power has a concern for mothers and their mental health and is supporting families in a voluntary capacity in this area.
- Waikato Hospital ED – sometimes communication issues occur and patients/whanau are not always given clear information.
- Shortage of midwives in this area is a huge issue, local midwives are not able to keep up with demand.
- Young mothers placed in unsafe situations where they are having to travel out of town to their postnatal appointments as there is an issue with delivering postnatal care to rural areas. Mothers are entitled to five home visits but this is not always the case.
- Concern expressed regarding pregnant women not attending regular check-ups as the appointments are usually during their working days. One example given was that a pregnant mother worked up to 38 weeks without attending her appointments then was taken to hospital in a critical condition.

2. Primary Care Update

Hauraki PHO

- Hauraki report attached.

Midlands Health Network– Nikki Belfield

- Free healthcare for 13yrs and under has now extended to 14 yrs throughout.
- Changes to the CSC (Community Services Cards) means cardholders will not pay any more than \$18.50 or \$12.50 for youth and free for under 14yrs as long as you are visiting the practice you are enrolled at. All practices in Tokoroa and Putaruru have opted in. Most practices are starting on December 1st; the other two start dates are 1st Jan and 1st April. 80, 000 new people have been allocated cards this year. These changes will be advertised on posters in GP surgeries and advertised on social media and all other connections they have.

3. Whanau Kore Mandy McCabe

Whanau Kori Tamariki Ora Project – Child Obesity Programme run by Sports Waikato teaching whanau to make healthy food options and some lifestyle changes. To date they have received 170 referrals across the Waikato in total. Referrals from this area are 2 TeAroha, 2 Matamata and 2 from Morrinsville. Whanau Kori Tamariki Ora offers a free 6 month individualised flexible programme using fun activities and less screens behaviour tips. They can meet with you at a place of your choice., at your home, marae or Sports Waikato facilities or contact Mandy on mandym@sportswaikato.org.nz

4. Mental Health “Let’s Talk” Report – Grant O’Brien

- A total of 750 people attended the “Let’s Talk” hui
- 42% identified as Maori
- 269 completed online surveys
- 38 Participated in focus groups
- High level themes that emerged were
 - Whanau
 - Community
 - Suicide
 - Mix of services
 - Local Crisis options
 - Mana motuhake
- Once the overall report is complete it will be distributed with an analysis of feedback by location.
- Feedback will be checked against the National MH&A Inquiry recommendations for consistency
- Feedback will be used to inform the planning and development of the MH&A services.
- Let us know how you would like us to communicate the results and ongoing actions.

5. Consumer Council Update – Laura Hopkins

- Laura gave an update on the council's progress to date.
- There are 14 Consumer Council members; Ngaire Te Ahu from the local community introduced herself to the forum. The council has engaged with a mix of academic and community leaders to guide the way they work within the community.
- The Consumer Council will be engaged in the co-design of services going forward.
- Consumer Council Chairs meet directly with the CEO and Chair of the Board to discuss issues and suggestions for change.

6. Tele Health – Denise Irvine

- Telehealth allows a person to speak to a health professional through a computer screen device in a different location.
- Allows people to attend their appointments at a hospital or certain facilities closer to home e.g.: from Tokoroa Hospital to Waikato Hospital
- Speak to the on-screen health professional while aided in person by a nurse or a staff member
- Patients are welcome to bring whanau to the appointments
- Can save people travelling long distances unnecessarily
- Reduces costs, increases convenience.
- Potential to offer more flexible appointments
- Appointments are averaging 260 per month however there is a strong desire to increase these numbers. If people are interested in tele health consults they are encouraged to mention this to their consultant.
- Currently trialling a new model that could possibly allow a consult to take place in the privacy of a patient's home. Evaluation results for this new model will be out in the New Year.

7. DHB Update – Bernadette Doube

- Presentation (see attached)

Chairperson

- The DHB and community members present thanked Shirley Gillard for her service as Chairperson over the past six years and her contribution to the community. A bouquet of flowers was presented on behalf of the DHB.

Meeting Closed at 2pm

Next Meeting, Tuesday 19 March 2019 2pm – 4pm
Venue: Morrinsville Community House, 43 Canada St, Morrinsville